



**LAC MOPS 2017-2018**  
**1<sup>ST</sup> AND 3<sup>RD</sup> Wednesdays**  
**9:30 – 11:15AM**

- September 20<sup>th</sup> – Icebreaker/Video
- October 4<sup>th</sup> – Freedom from Fear (Jackie Rohde on Childhood Illnesses)
- October 18<sup>th</sup> – Free to be Yourself (Speed Friending and Clothing Swap)
- November 1<sup>st</sup> – Free to Create (Craft Day)
- November 15<sup>th</sup> – Freedom from Fear Part 2 (Police and Firefighter Presentations)
- December 6<sup>th</sup> – Free Indeed (Christmas Meeting with Vickie Kutnyak)
- January 3<sup>rd</sup> – Free to Be Well (Darcee Hughes on Fitness)
- January 17<sup>th</sup> – Freedom through Knowledge (Mentor Mom Panel)
- February 7<sup>th</sup> – Free to Love (Laura Zach on Marriage)
- March 7<sup>th</sup> – Free to Foster Faith (Lisa Vogan on planting seeds of faith in our children)
- March 21<sup>st</sup> – Celebrate Freedom (Tea and Testimonies)
- April 4<sup>th</sup> – Free to Be Strong (Vanessa Bancroft on Domestic Violence)
- April 18<sup>th</sup> – Financial Freedom (Jessica Venne on Finances)
- May 2<sup>nd</sup> – Free From Clutter (Stephanie Jaczewski on Decluttering)
- May 16<sup>th</sup> – Free to Create/Free from Clutter Part 2 (Craft Day/Clothing Swap)
- June 6<sup>th</sup> – Free to Play! (Playdate at Day Road Park)

LOCKPORT ALLIANCE CHURCH  
555 Davison Road  
Lockport, NY 14094

Playdates and Moms Nights Out will be announced