

## EXPECTATIONS      Decide To Rise - MOPS 2020/2021 LAC

Dear Friends,

We know this is a tough time. We know you have lots of thoughts, guesses, hopes and fears for the future. We know you also have expectations - about how things will be run, about how safe things will be, about who is thinking about this and that. We wanted to take a moment to let you know what you can expect from MOPS this year. The intro letter discussed the basics - start and end times, dates, etc. This letter will go into a few details about how things will run this year, and how we are keeping you safe.

**Meetings :** The meetings will run a little differently this year. We will not have outside speakers. Instead, we will have an ice breaker, a short talk by one of our moms on a creative or instructive topic, a short video, discussion time and a time for prayer. Please bear with us during our first few meetings as we figure things out - we've never done things this way before!

**Start Time :** We will be starting at 7:00pm this year and the doors will be locked at 7:15pm. We know life happens and if you are running late, there will be a number to call/text on the door and someone will let you in.

**COVID :** Masks are to be worn while entering or exiting, and when you are not seated. You may remove the mask while you are seated. Chairs will be arranged 6' apart. Please maintain social distancing at all times. Please refrain from hugging or touching others while at MOPS. All surfaces will be disinfected before and after the meeting. Hand sanitizer will be provided - please use some when you enter.

**Handouts :** There will be no handouts this year - we will be paperless. All announcements will be shown on the screen prior to the meeting, and updates will be made regularly in the 2020-2021 MOPS Facebook Group ("LAC MOPS Decide to Rise") and through e-mail.

**Online Security:** A new closed Facebook group will be used this year. Our old FB group will still be up and running, but will be for MOPS moms past and present to post events, playdates, items offered, and other general items. All items specific to this year's MOPS group will be posted on the new group (the group is called "LAC MOPS Decide to Rise" and all current members will be allowed access after registering for the year with MOPS International).

**Drinks/Snacks :** We will provide bottled water and individual pre-packaged snacks for every meeting. If you would like a hot drink or your own snacks, please feel free to bring them.

**Childcare :** Childcare will not be provided this year, and older children who may not necessarily need childcare will not be allowed in the building. This was a necessary step this year in order to keep MOPS running. Nursing infants under 6 months will be allowed.

**Illness :** If 1) you are or have recently been ill; 2) anyone in your family has been ill; 3) you have been in recent contact with a COVID-positive individual; or 4) you have recently traveled to a COVID hotspot - please do not attend MOPS that month. Please help to keep everyone safe!

Love, your Steering Committee - Mandie, Steph, Lindsay, Rebekah, Becky and Carolyn